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Search and Rescue Unit Performance Quiz 1

1. List four traits crew members must possess that allow your vessel to survive through the extreme conditions and unexpected challenges that are characteristic of the business of Search and Rescue (p.17)
2. You can put yourself or your vessel in unwarranted risk for what circumstances (p.18)?
3. It is good practice to have some areas of redundancy in the areas of expertise of each crew member (p.19). True / False
4. Training is important because (p.19) -----

5. You are ON WATCH when you are (p.20):
 - a. alert and vigilantly looking out for unexpected objects, vessels or targets.
 - b. Carrying your pager and you are within the response area.
 - c. Responsibly monitoring your assigned tasks along with the safety of the vessel
 - d. A. and c.
 - e. All of the above
6. If your position on board is to monitor the position of the vessel in relation to the paper chart, electronic chart and radar, your position is (p.21):
7. List some of the common vessel positions on a search mission (p.20)
8. Is a pre-departure inspection necessary (p.23)?
9. Safe speed is dependent upon (p.25):

10. At high speed and in noisy environments it is sometimes impossible to communicate verbally; this is where _____ come in (p.25).

11. The SAP protocol was originally developed to prevent volunteer and professional crews from rushing into a scene and getting injured. Using SAP, a small team can best (p.26):

- a. communicate an action plan with the roles for each team member
- b. receive input from all crew members
- c. identify all the hazards at the scene
- d. b. and c.
- e. all of the above

12. As a Canadian Coast Guard Auxiliary crew member, you may occasionally experience conditions involving a high degree of risk. Any traumatic event which shocks you enough to upset your normal means of coping after the incident is called (p.29):

- a. crisis reflex response
- b. controlled panic reflex
- c. critical incident stress
- d. crisis incident response