



RCMSAR FA Kit Standards (Recommended)

January 21, 2025

Case: Waterproof or sealed in waterproof storage

Kit location: clearly identified by a sign on outside of hold.

Marine Basic First Aid Kit contents:

- First Aid Records and pen/pencil
- A waterproof list of the contents
- 1 up to date- First aid manual/ instructions/ protocols in English and French
- 1 Pair of Trauma Scissors
- 1 Roll adhesive first aid tape
- Safety pins
- 6 Pairs of examination gloves
- 10 Applications of antiseptic preparations or 60 ml Antiseptic wound solution
- 12 applications of burn preparations
- 20 adhesive plasters in assorted sizes
- 2 Gauze Rolls 2.5 cm × 10 m
- 10 Sterile compression bandages in assorted sizes
- 4 Meters- Elastic bandage (Tensors)
- 2 Sterile Gauze compresses
- 2 triangular bandages
- 1 resuscitation face shield/pocket mask
- 1 Bag- Disposable, waterproof, emesis
- 1 Splinter tweezers
- 1 Pad with shield or tape for eye
- Hand cleanser/ wipes
- 1 Penlight or flashlight with extra batteries
- 2 Emergency Blankets/wool blankets
- 3 disposable or reusable heat packs
- 2 Instant ice packs
- 2 Sam splints
- 9 Velcro Zap straps
- 6 1ml Saline solution or small saline (60ml)
- 1 AED
- Windlass style tourniquet

Marine Advanced First Aid Kit Contents (In addition to above):

- 1 Adult BVM and mask
- 1 pediatric BVM and mask
- Assorted size Oropharyngeal and nasopharyngeal airways



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- 1 Adult spinal Collar

Oxygen Kit:

- 1 D or E Oxygen Bottle
- 1 oxygen regulator, Aluminum, 1-15 LPM
- 2 Adult nonrebreather O2 Masks

Accepted Stretches, Spine Boards, and Accessories:

- Ferno NAJO Spine board lite
- Ferno Basket Stretcher (Stainless Steel)
- Ferno Scoop EXL Stretcher (Clamshell, ROS)
- Ferno Universal Head Immobilizer
- Ferno Fastrap Quick Restraint System
- Med Tech Vacuum spine board

(Spine boards and head immobilizers to be used by advanced trained members only)

Additional Equipment (optional):

Pulse Oximeter

Equipment providers:

- Pickering Safety- www.pickeringsafety.com, Tel 604-298-6465 Address: Unit B2 - 5279 Still Creek Ave., Burnaby, V5C 5V1
- Alert First Aid <https://www.alertfirstaid.com/> Various locations.
- Coast Ropes and Rescue <https://coastropes.ca/> #102-6939 Hastings Street, Burnaby, BC V5B 1S9
T: (604) 630-8750
- Ferno: Mason Fulton RSM: m.fulton@ferno.com 833-966-4109