



**ROYAL CANADIAN MARINE
SEARCH & RESCUE**
Saving Lives on the Water

6040 East Sooke Rd.
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(• rcmsar.com •)

RCMSAR FA Kit Standards (Recommended)

November 18, 2020

Case: Waterproof or sealed in waterproof storage

Kit location: clearly identified by a sign on outside of hold.

Marine Basic First Aid Kit contents:

- First Aid Records and pen/pencil
- A waterproof list of the contents, in English and French
- 1 up to date- First aid manual/ instructions/ protocols in English and French
- 1 Pair of Trauma Scissors
- 1 Roll adhesive first aid tape
- Safety pins
- 6 Pairs of examination gloves
- 10 Applications of antiseptic preparations or 60 ml Antiseptic wound solution
- 12 applications of burn preparations
- 20 adhesive plasters in assorted sizes
- 2 Gauze Rolls 2.5 cm × 10 m
- 10 Sterile compression bandages in assorted sizes
- 4 Meters- Elastic bandage (Tensors)
- 2 Sterile Gauze compresses
- 2 triangular bandages
- 1 resuscitation face shield/pocket mask
- 1 Bag- Disposable, waterproof, emesis
- 1 Splinter tweezers
- 1 Pad with shield or tape for eye
- Hand cleanser/ wipes
- 1 Penlight or flashlight with extra batteries
- 2 Emergency Blankets/wool blankets
- 3 disposable or reusable heat packs
- 2 Instant ice packs
- 2 Sam splints
- 9 Velcro Zap straps
- 6 1ml Saline solution or small saline (60ml)
- 1 AED
- Windlass style tourniquet- NEW

Marine Advanced First Aid Kit Contents (In addition to above):

- 1 Adult BVM
- Assorted size Oropharyngeal airways (OPAs)
- 1 Adult Spinal Collar (Lardaral)



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- **Oxygen Kit:**

- 1 D or E Oxygen Bottle
- 2 Adult Face Masks

Accepted RCM SAR Stretchers:

- Ferno NAJO Spine board lite
- Ferno Traverse Titan Basket Stretcher (Stainless Steel)
- Ferno Scoop EXL Stretcher (Clamshell, ROS)
- Ferno Universal Head Immobilizer
- Ferno Fastrap Quick Restraint System

(Spine boards and head immobilizers to be used by advanced trained members only)

Addition Equipment (optional):

- Res Q Air Oxygen Warmer

Equipment providers:

- Ferno Canada- Contact info coming
- Pinkerton Safety- Contact info coming