

SAR COMPETITION EXERCISE

SAR SEAMANSHIP 4

Purpose

The purpose of this event is to test the teamwork and coordination of uncoiling a rope, throw out the rope and then recoil the rope in a proper seamanlike manner. This can be done on land or on the water.

Equipment Required: Vessels tow line

Set Up

The rope is to be coiled in position on the boat, and marked at 150 feet.

Exercise

1. A team of 3 people will be one team.
2. One of the team will be placed 30 feet (9 metres) from the start line.
3. The two remaining team members will uncoil the rope, and coil it either on the berth or on the vessel.
4. The coil must be turned over, and the loose end thrown to the third crew member who must stand still, to catch the rope. The third crew member will tie a bowline in the end of the rope, and signal that he is complete.

(an alternative to this is a double sheet bend is tied in the end of the tow assist hook rope)

5. The rope will be retrieved, the knot removed and the rope NEATLY recoiled on the drum. Completion is when the rope has been recoiled, and the judges are satisfied. The judges may subtract points for untidy coiling, and incorrect tying of knots at any stage.