

SAR COMPETITION EXERCISE

FIRST AID EXERCISE

Purpose

The purpose of this event is to test team coordination and knowledge in dealing with a first aid situation.

Equipment Required: Stretcher or backboard
First aid kit
Patient
Properly briefed referee
Appropriate scenario

Set Up

The patient is set up out of sight of the starting line.

Exercise

1. A team of 3 people will be one team.
2. The team will have 40 minutes of time to run to the situation and properly deal with the patient, package the patient and return the patient to the start line.
3. Each team will start with 50 points, and points will be deducted for omissions. Major omissions will lose 10 points, minor omissions or mistakes will lose 5 points.